



## Transform Your Team – 11<sup>th</sup> September 2017 – What dreams are you following?

### #The Essential News Story - German tax inspector breaks world record for carrying beer

A tax inspector has smashed the world record for the carrying of beer tankards at once over a distance of 40 meters. At a festival in Bavaria, the beer tankards weighed almost 70kg.

In preparation for this world record attempt, Mr. Struempfel had been training at the gym three to four times a week for the last six months.



View from @PhilJBish

*"Your heart is free... have the courage to follow it."*

*Braveheart*



The above quote is spoken by Malcolm Wallace in the film Braveheart to his young son William in a dream. Malcolm and his oldest son had been killed in a battle against the English, leaving the boy orphaned and bound to set off for parts unknown with his uncle. The message is a powerful one – perhaps a bit strange for a common farmer to leave as an epitaph but inspiring nonetheless.

Is your heart free to dream? Modern life is filled with responsibilities that seem to make many of our decisions for us. Our jobs, bosses, spouses, children, parents, families, friends, neighbours, churches, community organizations, and governments all play a major role in what we can and cannot do.

Many of us will never think or see any of the decisions we make on a day to day basis as being terribly important, let alone courageous. But then again, maybe it is that very lack of recognition which leaves so many of us trapped within the lives we live, unwilling to take the necessary risks to achieving our dreams. Courage is respected in every situation – including those circumstances that will never earn a medal or save a life.

A free heart can fill your mind with thoughts, but it takes courage to make those thoughts and dreams a reality. A free heart can inspire us to pursue something we desire, but without courage, we are more likely to give up hope at the first signs of struggle or resistance. How many ideas have gone undeveloped? How many relationships have not been pursued? How many dreams have been left on the pillow because we did not step forward in boldness to pursue our heart's desire because we simply lacked the courage to fulfill it?

### Well Being & Pastoral Care

As your Sports Chaplain @ Glamorgan CC my role is to provide an impartial and confidential point of contact to talk about any matters you may be worried about on or off the field, offering pastoral support. This support is offered to all connected with Glamorgan CC. including players, coaches, staff, volunteers, and families.

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