



## Transform Your Team – 17<sup>th</sup> July 2017 - Want to be more fulfilled? Experience more joy?

### View from @PhilJBish

Life can be pretty rough at times. It can make you sad, depressed, and hurt you. There are times when problems just keep happening, one after another. When we feel down, we need someone to encourage us. This week I spent a pleasant two hours with a lifelong supporter of Glamorgan CCC. Reflecting, on our time together I felt challenged to re-consider **the role of supporters** in a sport environment and work environment and how an **encourager is a true gift to have**.

I don't know about you, I can't think of a greater reward. If as supporters we're going to offer that kind of encouragement to players and staff and want to improve ourselves, all the time, what would life look like @ Glamorgan CCC. So, lets us consider some of the key things we need to consider to be that encourager to someone who is feeling low.

**Firstly**, you need to remember that people are hurting far more than you know, and far more than they show. That means that person next to you, may look good. When they get their cup of coffee or get into their car, they're going to look great. You know what? They're hurting. They're hurting because they're just like me and they're just like you.

**Second**, we need to remember that you have far more to offer than you know, and far more to offer than you show.

**Thirdly**, encouragement helps others take the next step they couldn't take on their own. It's not just that, encouragement would be nice. It helps people take the next step they couldn't take on their own.

**Finally**, the key to encouragement is attitude. This individual could have easily provided criticism but he encouraged the individual and players and the results were very encouraging. you can make a difference.

You might not be aware, that you can start with being part of a supports group. I was then introduced to the supporter's club he belongs to in Glamorgan CCC. Are you aware of these groups and what they do, sometime work unseen?

Glamorgan supporter groups and membership groups include 125 Club, season tickets holders and various membership schemes but having met this supporter this week, I was introduced to a gifted, generous encourager who in turn introduced me to other similar supporter groups.

#### **St. Helen's Balconiers**

Balconiers is a well-established and highly-regarded association dedicated to supporting and celebrating Glamorgan cricket and cricketers and, in particular, the continuation of first-class cricket in West Wales.

**The Glamorgan Followers** were formed in 2007, as the brainchild of Mr. David East, a former President of Glamorgan CCC. It has over 200 members and provides Glamorgan CCC fans who live away from the area with the opportunity to be associated with the County. The Followers objective is to provide financial support for Glamorgan CCC.

#### **My conclusion from my meeting with an encourager and a true supporter interested in the people.**

“Let us think of ways to motivate one another to acts of love and good works “  
 “Look at your life, think hard about what you are doing, and get ruthless about what stays and what goes “  
 “Therefore, seeing we are surrounded by such a great cloud of supporters, leave behind all that distracts us, and let us run the race that is set before us “

### Contact

As your Sports Chaplain @ Glamorgan CCC my role is to provide an impartial and confidential point of contact to talk about any matters you may be worried about on or off the field, offering pastoral and support. This support is offered to all connected with Glamorgan CC. including players, coaches, staff, volunteers and families. Please feel free to contact me whenever you need any support.

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