



## Transform Your Team – 9<sup>th</sup> January 2018 – Looking forward to 2018

View from @PhilJBish – How are you preparing for the coming year?

**“Hard work will always overcome natural talent when natural talent does not work hard enough”  
Sir Alex Ferguson**

It is too simplistic to say that hard work is the only success is to work hard because it requires other ingredients as well, talent, maturity, and discipline. I came across this quote in 2017 at the Hall of Fame Museum of Football in Manchester (see photo), the quote comes from Sir Alex Ferguson book “Leading” In his book, he talks about the importance of hard work which is something he learned from his family background and up brings.

Later in his book, Sir Alex Ferguson talks about the importance of work rate and how all that we see on the pitch is and has been part of all the hours of discipline and work completed in the preparation time and training sessions, so that when you see the best on the field the work done quietly then allows the talent to come through in the matches and our work environment.

**“I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.’” Muhammad Ali**

In all things, we need balance as it is too easy to just say work hard, put in the extra sessions, in all aspects of our life and we will then get the better results. This is OK up to a point BUT (here is the warning), extra sessions, beyond a point we will probably get less; less free time, less peace of mind, less sleep, and less satisfaction.

In all activities, we need goals to do as we enter 2018 where with that talent and work ethic we become refocused and redirected, taking our different skills, different attitudes, different behaviours, different knowledge and developing our core skills and then been part of a TEAM. If working harder on ourselves and TEAM was the direction for 2018 with the focus on the work ethic, how much progress might we be able to achieve together as a club and business in 2018.

**“Work harder on yourself than you do on your job”  
Jim Rohn**

**Wishing you all the success as you start to look forward, plan and apply yourself in the coming year.**

### Well Being & Pastoral Care

As your Sports Chaplain @ Glamorgan CCC, my role is to provide an impartial and confidential point of contact to talk about any matters you may be worried about on or off the field, offering pastoral support.

This support is offered to all connected with Glamorgan CCC.

including players, coaches, staff, volunteers, and families.

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